

NEW AT HEARTBEAT!

**Drum Lessons with Award-Winning Drummer, Educator and Author,
David Stanoch.**

Heartbeat is thrilled to add percussion/drum lessons (group and private) to its curriculum. To celebrate the “BEAT” at HEARTBEAT, we are offering free sample classes. Tell your friends and family, youth to adult, about this special event.

Free sample classes for all ages and skill levels. Class size is limited!

Date: Saturday, September 12
Time: Age 8 – 12: 10:00-10:30am
Teen/Adult: 10:45-11:30am
Location: Heartbeat Performing Arts Center
What to Bring: Heartbeat has hand-drums, djembes and other percussion instruments available or you can bring your own. Participants must wear face masks and all instruments will be sanitized prior to the classes.
Registration: Simply call Heartbeat, 952-432-7833, or send an email: debhbt@frontiernet.net to reserve your spot in the free class.

Future small group drum lessons and private lesson (drum set or hand-drum) schedule information will be coming soon. In the mean-time, take a test-run with this amazing professional! David Stanoch’s class description and bio are below. We are honored that he will share his talent at Heartbeat!

Everything is Rhythm

Explore the World of Drumming That is Already Inside You



Join award-winning drummer and educator David Stanoch for a brand-new class introducing the fundamental concepts of rhythm—the very foundation for how music works—and drumming—which, along with our own voice, was the very first musical instrument!

From beginning to advanced levels, David will interactively teach rhythmic ideas that illustrate how rhythm is all around us and how the ability to harness it creates harmony and balance in everything from our daily activities to our peace of mind and celebrations of our own creativity. Did you know drumming is clinically proven to be a stress reducing

and healing force of nature?

Anyone can drum. In these classes, David will unlock mysterious secrets that are “simple, yet not known” for getting in tune with our inner rhythms and how to express them musically.

Drumming and rhythm are based on vibrations and pulse. You are *already* a drummer naturally – your eardrums direct your awareness through vibrations and your heartbeat is your pulse!

Playing a variety of drums and other daily “found” objects, using hands, feet, sticks, mallets and more, David will guide you through a relaxed and fun journey to becoming a smooth and coordinated rhythmist – one who can play to inspire others as well as ourselves.

Space is limited for this exciting new class so sign up today and get ready to groove!

- In addition to offering this exciting new class, David will be available for a limited number of private drum lessons for all ages and levels of Heartbeat students and parents on a first come/first serve basis, schedule TBD.

David Stanoch Bio

David Stanoch has drummed professionally since age 12. A student of masters Elliot Fine, Alan Dawson, Max Roach, Jeff Hamilton, Chad Wackerman and others, he has built an eclectic musical reputation performing with artists from the worlds of jazz, rock, R&B, Broadway, motion picture and television including the Airmen of Note, Jackson Browne, Hiram Bullock, Charo, George Clinton, Sheryl Crow, Richard Davis, Herb Ellis, Robert Goulet, Colonel Bruce Hampton, Scott Henderson, Freedy Johnston, Shirley Jones, Stanley Jordan, Shari Lewis, Jack McDuff, the Minnesota Orchestra, Keb' Mo', New Kids On The Block, Bob Newhart, Christine Ohlman, Regis Philbin, Bernard Purdie, Bonnie Raitt, Walfredo de Los Reyes, Don Rickles, Joan Rivers, Danny Seraphine, Doc Severinsen, Ed Shaughnessy, Martin Short, Ben Sidran, Jab'0 Starks, Clyde Stubblefield, Timbuk 3, Butch Vig, Fred Wesley, and The Supremes' Mary Wilson. He is currently musical director for Emmy-winner, Shaun Johnson's Big Band Experience.

David served on the faculty of McNally Smith College of Music for 27 years and has guest-taught at the Berklee College of Music. He serves on the Percussive Arts Society Drumset Committee, is the Drumset Editor for the PAS Percussive Notes magazine and is a member of the Modern Drummer, Remo, and Vic Firth Educational Teams. David was presented the Legacy in Education Award by the YAMAHA Corporation of America in 2018 and, in 2020, was one of four renowned drummers selected by the NAMM Foundation's Percussion Marketing Council to participate in their 25th Anniversary Lesson with a Master Contest.

David has authored *Mastering the Tables of Time* (“#1 Edu Book,” Modern Drummer 2009 Readers Poll), co-authored *The 2 in 1 Drummer* (2014 Modern Drummer & DRUM! Magazine Edu Book Nominee), both available from Alfred Music Publishing, and was “Drumming History and Analysis Consultant” for Jim Berkenstadt's book, *The Beatle Who Vanished~The Unsolved Mystery of Jimmie Nicol*, currently being made into a major motion picture.

